

Social Emotional Curriculum

Little People’s Place uses a holistic approach to introduce social emotional skills for lasting success. The Second Steps curriculum focuses on self-regulation and social-emotional skills.

Unit 1- Skills for Learning		
Welcoming	Listening	Focusing Attention
Self-Talk	Following Directions	Asking for what you want or need
Unit 2-Empathy		
Identifying feelings (happy/sad)	More Feelings (surprised/scared)	Identifying Anger
Same or Different feelings	Accidents	Caring & helping
Unit 3- Emotion Management		
We feel feelings in our bodies (worried)	Strong Feelings (anger)	Naming Feelings
Managing Anger	Managing Disappointment	Managing Waiting
Unit 4- Friendship & Problem Solving		
Fair ways to play together	Having fun with Friends	Inviting to Play
Joining in with play	Saying the problem	Thinking of Solutions
Speaking up assertively		
Unit 5- Transitioning to Kindergarten		
Learning in Kindergarten	Riding the bus	Making new friends